



# CHAPTER ONE

## Buddha the Enlightened One

By Andrew Savadge and Ethan Christie.

# BUDDHISM



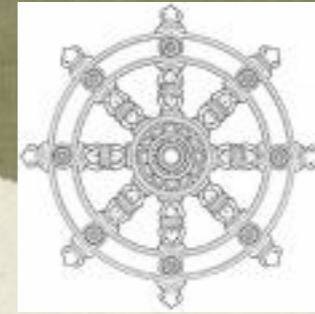
- *Buddhism* traces its origins back some 2500 years ago to India.
- It began with the birth of *Siddhartha Guatama* in 563 B.C.
- This Prince would go on to give up everything to become the *Buddha*, or the enlightened one.

# SIDDHARTHA'S BIRTH

- Siddhartha Gautama's birth is shrouded in myth.
- One legend says that when he was conceived, a white elephant entered into his mother's side. When his mother gave birth to him, he sprang from his mother's side.
- He then took 7 steps and proclaimed that he was born to achieve bodhi (or the awakening.)



# SIDDHARTHA'S CHILDHOOD



- When he was born, Siddhartha was proclaimed by several wise men to be a “wheel turner”, or someone who would become a very important person.
- They proclaimed that he would see 4 sights before he would achieve bodhi.
  - 1. An old man. 2. A sick man. 3. A dead man. 4 A monk.
- His father decided that he did not want his son to be a monk, and decided to keep his son within palaces all his life.

# LEAVING THE PALACE



- When he was 16, Siddhartha decided to see what was outside of the palace.
- During his travels outside of the palace, he saw the 4 sights that had been prophesied.
- He then met a holy man, or a monk, and decided that being a monk was the way to gain happiness.



- And so one night, he packed, kissed his wife and child goodbye, and left the palace to seek enlightenment.
- He met up with 5 ascetics, who preached that depriving the body of all comforts was the way to enlightenment.
- After 6 years of traveling with the ascetics, he decided that depriving the body was in fact not the true way to gain enlightenment.

# THE BODHI TREE



- After he ascetics left, Siddhartha wandered until he came to a river.
- He sat down under a large tree that reminded him of a tree from his childhood. So he sat under it for a long time.
- He sat under the tree for 49 days, and meditated the entire time.
- After all this time, he became enlightened and found the way to escape reincarnation.

# MARA



- But during this time, Mara, an evil demon, decided that he was dangerous because of his determination to try and end suffering and pain.
- Mara tried to use a Whirlwind, a downpour, a meteor shower and an all consuming darkness. But nothing worked.

# ENLIGHTENEMENT

- And so at the age of 35, Siddhartha Guatama became enlightened, and came to understand suffering and how to avoid it.
- It was at this point that he became the Buddha.



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- Made by Andrew Savadge and Ethan Christie.
- [Http://images.google.com/](http://images.google.com/).
- Information courtesy of Buddhist Packet.